

NADA Reference List

- Abdel-Mawgoud, M., Fateem, L., & Al-sharif, A. I. (1995). Development of a comprehensive treatment program for chemical dependency at Al Amal hospital, Dammam. *Journal of Substance Abuse Treatment, 12*(5), 369-376.
- Ackerman, R.W. (1995). Acupuncture as treatment for substance abuse and its application during pregnancy. Laramie, WY: NADA Literature Clearinghouse.
- Ackerman RW (1995). Auricular acupuncture treatment for chemical dependency: a review of the literature. Laramie, WY: NADA Literature Clearinghouse.
- Ackerman RW (1993, rev. 1998). Elements of U.S. Drug Policy.
- Acupuncture (1997). *NIH Consensus Statement*, Nov. 3-5; 15(5): 1-34.
- Anonymous (2000). Acupuncture keeps addicts on treatment programmes. *Nursing Standard, 15*(3). 10.
- Avants, K. S., Margolin, A., Chang, P., Kosten, T. R., & Birch, S. (1995). Acupuncture for the treatment of cocaine addiction: Investigation of a needle puncture control. *Journal of Substance Abuse Treatment, 12*(3), 195-205.
- Avants. S. K., Margolin, A., Holford, T. R., & Kosten, T. R. (2000). A randomized controlled trial of auricular acupuncture for cocaine dependence. *Archives of Internal Medicine, 160*, 2305-2312.
- Bainbridge, M., Derrickson, C., Leberg, M., Seaber, Valentine, L., & Bainbridge, J. (1996). The effect of the use of electro-acupuncture (EA) versus standard acupuncture (SA) of completion of the program in the detoxification of opiate-dependent adults at hooper detox center.
- Baum AS, Burnes DW (1993). *A Nation in Denial: The Truth About Homelessness*. San Francisco, Boulder, Oxford: Westview Press.
- Bennett, C. (1995). The tao, acupuncture, and crack cocaine. *Capsules & Comments in Psychiatric Nursing, 1*(4), 2-8.

- Bergdahl, L., Berman, A. H., & Haglund, K. (2012). Patients' experience of auricular acupuncture during protracted withdrawal. *Journal of Psychiatric and Mental Health Nursing*, 1-7.
- Berle, C. A. (July, 1997). *Report on the use of acupuncture for substance dependencies within the Australian setting*. Presented at The Third Australasian Acupuncture and Chinese Herbal Medicine Conference.
- Berman, A. H. (2002). Auricular acupuncture in prison psychiatric units: A pilot study. *Acta Psychiatr Scand*, 106, 152-157.
- Berman, A. H. (2004). Enhancing health among drug users in prison. *Health Equity Studies*, 3, 80-85.
- Berman, A. H., Lundberg, U., Krook, A. L., & Gyllenhammer, C. (2004). Treating drug using prison inmates with auricular acupuncture: A randomized controlled trial. *Journal of Substance Abuse Treatment*, 26, 95-102.
- Bier, I. D., Wilson, J., Studt, P., & Shakleton, M. (2002). Auricular acupuncture, education, and smoking cessation: A randomized, sham-controlled trial. *American Journal of Public Health*, 92(1), 1642-1647.
- Blow, D. (1994). The acupuncture treatment of alcohol and chemical dependency. *The Journal of Chinese Medicine*, 45, 5-8.
- Blow, D., Gyllenhammer, C., & Stevens, A. (1995). Pilot project report: Research and information on the use of auricular acupuncture in the criminal justice system in Sweden, the United Kingdom, and Italy. *Cranstoun Projects Prisoners Resource Service for the Eurpoean Network of Services for Drug Users in Prison*, 1-33.
- Boucher, T. A., Kiresuk, T. J., & Trachtenberg, A. I. (1998). Alternative therapies. In A. W. Graham & T. K. Schultz (Eds.), *Principals of Addiction Medicine*, 2<sup>nd</sup> ed. (pp. 371-394). Chevey Chase, MD: ASAM.
- Breington, V., Smith, M., Lipton, D. (1994). Acupuncture as a detoxification treatment: An analysis of controlled research. *Journal of Substance Abuse Treatment*, 11(4), 289-307.
- Brewington V, Smith M, Lipton D (1994). Acupuncture as a detoxification treatment: An

- analysis of controlled research. *Journal of Substance Abuse Treatment*, 11(4): 289-307.
- Brumbaugh A (1993). *Transformation and Recover: A Guide for the Design and Development of Acupuncture-Based Chemical Dependency Treatment Programs*. Santa Barbara, CA: Still Point Press.
- Bruce, L. (2011). Ear acupuncture: A tool for recovery. *Yale School of Medicine Department of Psychiatry Website*. Contributed by Connecticut Mental Health Center. Retrieved from <http://medicine.yale.edu/psychiatry/newsandevents/cmhcacupuncture.aspx>
- Buell, P. D. (1998). Chinese medicine on the “gold mountain”. In *Disease and Medical Care in the Mountain West*, pp. 95-109. Nevada: University of Nevada Press
- Bullock, M. L., Umen, A. J., Culliton, P. D., & Olander, R. T. (1987). Acupuncture treatment of alcoholic recidivism: A pilot study. *Alcoholism: Clinical and Experimental Research*, 11(3), 292-295.
- Bullock, M. L., Kiresuk, T. J., Pheley, A. M., Culliton, P. D., & Lenz, S. K. (1999). Auricular acupuncture in the treatment of cocaine abuse: A study of efficacy and dosing. *Journal of Substance Abuse Treatment*, 16(1), 31-38.
- Bullock, M. L., Culliton, P. D., & Olander, R. T. (1989). Controlled trial of acupuncture for severe recidivist alcoholism. *The Lancet*, 1435-1439.
- Carter, K. O., Olshan-Perlmutter, M., Norton, H. J., & Smith, M. O. (2011). NADA acupuncture prospective trial in patients with substance use disorders and seven common health symptoms. *Medical Acupuncture*, 23(3), 131-135.
- Center for Substance Abuse Treatment (2006). *Detoxification and Substance Abuse Treatment. Treatment Improvement Protocol (TIP) Series 45*. DHHS Publication No. (SMA) 06-4131.
- Chen, A., Wu, C. W., Ho, S. P., Blum, K., & Chen, T. (2007). Neurochemical and clinical aspects of acupuncture & auriculotherapy: Adaptation in United States for substance use disorder (SUD), a clinical subtype of reward deficiency syndrome (RDS). *Journal of Occupational Safety and Health*, 15, 308-332.
- Clavel-Chapelon F, Paoletti C, Banhamou S (1997). Smoking cessation rate 4 years after treatment by nicotine gum and acupuncture. *Preventative Medicine*, 26(1): 25-28.

- Cole, B., & Yarberry, M. (2011). NADA training provides PTSD relief in Haiti. *Deutsche Zeitschrift für Akupunktur*, 54, 21-24.
- Cowan, D. (2011). Methodological issues in evaluating auricular acupuncture therapy for problems arising from the use of drugs and alcohol. *Acupuncture Medicine*, 29(3), 227-229.
- Cui, C. L., Wu, L. Z., & Luo, F. (2008). Acupuncture for the treatment of drug addiction. *Neurochemical Research*, 33, 2013-2022.
- Cullington, P. D., & Kiresuk, T. J. (1996). Overview of substance abuse acupuncture treatment research. *The Journal of Alternative and Complementary Medicine*, 2(1), 149-159.
- D'Alberto, A. (2004). Auricular acupuncture in the treatment of cocaine/crack abuse: A review of the efficacy, the use of the national acupuncture detoxification association protocol, and the selection of sham points. *The Journal of Alternative and Complementary Medicine*, 10(6), 985-1000.
- Dale, R. A. (1993). Addictions and acupuncture: The treatment methods, formulae, effectiveness and limitations. *American Journal of Acupuncture*, 21(3), 247-266.
- Finigan M (1998). An outcome program evaluation of the Multnomah County S.T.O.P. Drug Diversion Program. Prepared for Multnomah County Department of Community Corrections.
- Flanagan, L. W. (1995). Meeting the special needs of females in custody: Maryland's unique approach. *Federal Probation*, 59(2), 49-53.
- Gates, S., Smith, L. A., & Foxcroft, D. (2006). Auricular acupuncture for cocaine dependence. *Cochrane Database of Systematic Reviews*, 1, 1-18.
- Gossop, M., & Bradley, B. (1984). Insomnia among addicts during supervised withdrawal from opiates: A comparison of oral methadone and electrostimulation. *Drug and Alcohol Dependence*, 13, 191-198.
- Gurevich, M. I., Duckworth, D., Imhof, J. E., & Katz, J. L. (1996). Is auricular acupuncture beneficial in the inpatient treatment of substance-abusing patients?: A pilot study. *Journal of Substance Abuse Treatment*, 13(2), 165-171.

- Gyllenhammer, C. (?). Ear acupuncture at Sweden's färlingsö prison. *Study for The Department of Toxicomania, for The Stockholm Regional Office of the Swedish National Prison and Probation Administration.*
- Han, J.S., & Zhang, R. L. (1993). Suppression of morphine abstinence syndrome by body electroacupuncture of different frequencies in rats. *Drug and Alcohol Dependence, 31*, 169-175.
- Hancock E (1999). Bare bones acupuncture, big time recovery. *Meridians, 6*(2): 17-24.
- Harding, C., Harris, A., & Chadwich, D. (2008). Auricular acupuncture: A novel treatment for vasomotor symptoms associated with luteinizing-hormone releasing hormone agonist treatment for prostate cancer. *BJU International, 103*, 186-190.
- He D., Berg, J. E., & Hostmark, A. T. (1997). Effects of acupuncture on smoking cessation or reduction for motivated smokers. *Preventive Medicine, 26*, 208-214.
- He D, Medbø JI, Høstmark AT (2001). Effect of acupuncture on Smoking Cessation or Reduction: An 8-month and 5-year follow-up study. *Preventative Medicine, 33*: 364-372.
- Hollifield, M., Sinclair-Lian, N., Warner, T. D., & Hammerschlag, R. (2007). Acupuncture for posttraumatic stress disorder: A randomized controlled pilot trial. *The Journal of Nervous and Mental Disease, 195*(6), 504-513.
- Janssen, P. A., Demores, L. C., Kelly, A., Thiessen, P., & Abrahams, R. (2012). Auricular acupuncture for chemically dependent pregnant women: A randomized controlled trial of the NADA protocol. *Substance Abuse Treatment, Prevention, and Policy, 7*(48), 1-10.
- Killeen TK, Haight B, et al (2002). The effects of auricular acupuncture on psychophysiological measures of cocaine craving. *Issues in Mental Health Nursing, 23*: 445 – 459.
- Kim, Y. H., Schiff, E., Waalen, J., & Hovell, M. (2005). Efficacy of acupuncture for treating cocaine addiction: A review paper. *Journal of Addictive Diseases, 24*(4), 115-132.
- Kim MR, Kim SJ, Lyu YS, Kim SH, Lee YK, Kim TH, Shim I, Zhao R, Golden GT, and Yang CH (2005). Effect of acupuncture on behavioral hyperactivity and dopamine release in the nucleus accumbens in rats sensitized to morphine. *Neurosci Letters.*
- Konefal, J., Duncan, R., & Clemence, C. (1994). The impact of the addition of an acupuncture treatment program to an existing metro-dad county outpatient substance abuse treatment

- facility. *Journal of Addictive Diseases*, 13(3), 71-99.
- Kutchins S (1991). The treatment of smoking and nicotine addiction with acupuncture. In Cocores, I. A. (Ed.) *The Clinical Management of Nicotine Dependence*. New York: Springer Verlag.
- Lau, M.P. (1976). Acupuncture and addiction: An overview. *Addictive Diseases: An International Journal*, 2(3), 449-463.
- Lee, M. S., Shin, B. C., Suen, L. K., Park, T. Y., & Ernst, E. (2008). Auricular acupuncture for insomnia: A systematic review. *International Journal of Clinical Practice*, 62(11), 1744-1752.
- Li M, Chen K, Mo Z (2002). Use of qigong therapy in the detoxification of heroin addicts. *Alternative Therapies*, 8(1): 50-58.
- Lipton, D. S., Brewington, V., & Smith, M. (1994). Acupuncture for crack-cocaine detoxification: Experimental evaluation of efficacy. *Journal of Substance Abuse Treatment*, 11(3), 205-215.
- Margolin, A., Avants, K., Chang, P., & Kosten, T. R. (1993). Acupuncture for the treatment of cocaine dependence in methadone-maintained patients. *American Academy of Psychiatrists in Alcoholism and Addictions*, 2(3), 194-201.
- Margolin, A., Chang, P., Avants, S. K., & Kosten, T. R. (1993). Effects of sham and real auricular needling: Implications for trials of acupuncture for cocaine addiction. *American Journal of Chinese Medicine*, 21(2), 103-111.
- Margolin, A., Avants, S. K., Chang, P., Birch, S., & Kosten, T. R. (1995). A single-blind investigation of four auricular needle puncture configurations. *American Journal of Chinese Medicine*, 23(2), 105-114.
- Margolin, A., Avants, S. K., & Kleber, H. D. (1998). Rationale and design of the cocaine alternative treatments study (CATS): A randomized, controlled trial of acupuncture. *The Journal of Alternative and Complementary Medicine*, 4(4), 405-418.
- Margolin, A., & Kleber, H. D. (1998). Investigating alternative medicine therapies in randomized controlled trials. *Journal of the American Medical Association*, 280(18), 1626-1628.

- Margolin, A., Kleber, H. D., Avants, S. K., Konefal, J., Gawin, F., Stark, E., Sorensen, J., Vaughan, R. (2002). Acupuncture for the treatment of cocaine addiction. *Journal of the American Medical Association*, 287(1), 55-63.
- McLellan, A. T., Grossman, D. S., Blaine, J. D., & Haverkos, H. W. (1993). Acupuncture treatment for drug abuse: A technical review. *Journal of Substance Abuse Treatment*, 10, 569-576.
- Mitchell ER (1995). *Fighting Drug Abuse with Acupuncture*. Berkeley, CA: Pacific View Press.
- Moner, S. E. (1996). Acupuncture and addiction treatment. *Journal of Addictive Diseases*, 15(3), 79-99.
- National Institutes of Health Consensus Statement (1997). *Acupuncture*, 15(5). 1-34.
- Niemtzow, R. C. (2007). Battlefield acupuncture. *Medical Acupuncture*, 19(4), 225-228.
- Nixon, M. K., Cheng, M., & Cloutier, P. (2003). An open trial of auricular acupuncture for the treatment of repetitive self-injury in depressed adolescents. *The Canadian Child and Adolescent Psychiatry Review*, 12, 10-12.
- Newmeyer, J. A., Johnson, G., Klot, S. (1984). Acupuncture as a detoxification modality. *Journal of Psychoactive Drugs*, 16(3), 241-261.
- Ng, L. K. Y. & Wen, H. L. (1981). Acupuncture in substance abuse. In J. H. Lowinson (Ed.), *Substance Abuse: Clinical Problems and Perspectives* (pp. 509-516). Baltimore: Williams & Wilkins.
- Office of Applied Studies (2002). *National Survey of Substance Abuse Treatment Services (N-SSATS): 2000. Data on Substance Abuse Treatment Facilities*. DASIS Series: S-16. DHHS Publication No. (SMA) 02-3668. Rockville, MD.
- Oleson TD (2002). Commentary on auricular acupuncture for cocaine abuse. *The Journal of Alternative and Complementary Therapies*, 8(2): 123 – 125.
- Olsen A (1998). The needle and the inmates – Renewed. *Meridians*, 5(4):13-16.
- Omura Y, Smith M, Wong F, et al (1975). Electro-acupuncture for drug addiction withdrawal. *Acupuncture and Electro-Therapeutics Research International Journal*, 1: 231-233.

- Otto, K. C., Quinn, C., & Sung, Y.F. (1998). Auricular acupuncture as an adjunctive treatment for cocaine addiction. *American Academy of Addiction Psychiatry*, 7(2), 164-170.
- Patterson, M. A., Patterson, L., Flood, N. V., Winston, J. R., & Patterson, S. I. (1993). Electrostimulation in drug and alcohol detoxification: Significance of stimulation criteria in clinical success. *Addiction Research*, 1, 130-144.
- Peckham, R. (2005). The role and impact of the NADA protocol (daily group acupuncture treatment used in addiction): Explanatory case studies. (Dissertation) University of Westminster.
- Ruchames, P., Knell, T., & Simmons-Ford, E. (?). Acupuncture for the drug addicted federal offender: A pilot study.
- Russell, L. C., Sharp, B., & Gilbertson, B. (2000). Acupuncture for addicted patients with chronic histories of arrest: A pilot study of the consortium treatment center. *Journal of Substance Abuse Treatment*, 19, 199-205.
- Santasiero, R. P., & Neussle, G. (2005). Cost-effectiveness of auricular acupuncture for treating substance abuse in an HMO setting: A pilot study. *Medical Acupuncture*, 16(3), 39-42.
- Sapir-Weise R, Berglund M, Frank A, Kristenson H (1999). Acupuncture in alcoholism treatment: A randomized outpatient study. *Alcohol & Alcoholism*, 34(4), 629 – 635.
- Sato, T., Takeshige, C., & Shimizu, S. (1991). Morphine analgesia mediated by activation of the acupuncture-analgesia-producing system. *Acupuncture & Electro-Therapeutics Research International Journal*, 16, 13-26.
- Seymour RB, Smith DE (1987). *Drugfree: A Unique, Positive Approach to Staying Off Alcohol and Other Drugs*. New York: Facts on File Publications.
- Shwartz, M., Saitz, R., Mulvey, K., & Brannigan, P. (1998). The value of acupuncture detoxification programs in a substance abuse treatment system. *Journal of Substance Abuse Treatment*, 17(4), 305-312.
- Sinclair-Lian, N., Hollifield, M., Menahce, M., Warner, T., Viscaya, J., & Hammerschlag, R. (2006). Developing a traditional Chinese medicine diagnostic structure for post-traumatic stress disorder. *The Journal of Alternative and Complementary Medicine*, 12(1), 45-57.



- Smith, M. O., Squires, R., Aponte, J., Rabinowitz, N., & Bonilla-Rodriguez, R. (1982). Acupuncture treatment of drug & alcohol abuse: 8 years experience emphasizing tonification rather than sedation. *American Journal of Acupuncture*, 9-10.
- Smith MO (1993). Testimony presented to NIH Office of Alternative Medicine, May 21. Laramie, WY: NADA Literature Clearinghouse.
- Smith MO (1993). Acupuncture helps programs more than patients. Presentation at NADA conference. Laramie, WY: NADA Literature Clearinghouse.
- Smith MO Brewington V, and Culliton P (1998) Acupuncture in addiction treatment. In Sherman, B. R., Sanders, L.M., Trinh, C. (Eds.) *Addiction and Pregnancy: Empowering Recovery Through Peer Counseling*. Praeger Publishing.
- Smith MO, Brewington V, Culliton PD, et al (Eds.) *Substance Abuse: A Comprehensive Textbook*. Baltimore: Williams and Wilkins.
- Smith MO, and Khan I (1989). Acupuncture program for treatment of drug addicted persons. *Bulletin on Narcotics*. XL (1).
- Smith MO, McKenna B (1994). The integration of acupuncture into existing chemical dependency treatment programs. Paper presented to the 21st International Institute on Prevention and Treatment of Drug Dependence, Prague, Czech Republic.
- Smith, M. O. (2009). Ear acupuncture protocol meets global needs. *Medical Acupuncture*, 21(2), 75
- Stuyt, E. B., & Meeker, J. L. (2006). Benefits of auricular acupuncture in tobacco-free inpatient dual-diagnosis treatment. *Journal of Dual Diagnosis*, 2(4), 41-52.
- Stuyt, E.B. (2005). Benefits of Auricular Acupuncture in Tobacco-free Inpatient Dual-Diagnosis Treatment. *Journal of Addictive Disease*, 24: 125.
- Tian, X., Krishnan, S. (2006). Efficacy of auricular acupressure as an adjuvant therapy in substance abuse treatment: A pilot study. *Alternative Therapies*, 12(1), 66-69.
- Timofeev, M. F. (1996). Influence of acupuncture and pharmacotherapy in sensitivity of sensory systems to alcohol irritants in patients with alcoholism. *American Journal of Chinese Medicine*, 24(2), 177-184.

- Toteva, S., & Milanov, I. (1996). The use of body acupuncture for treatment of alcohol dependence and withdrawal syndrome: A controlled study. *American Journal of Acupuncture*, 23(1), 19-25.
- Trachtenberg AI (2000). *Testimony to the White House Commission on Complementary and Alternative Medicine Policy*, December 18, 2000. Rockville, MD. Substance Abuse and Mental Health Services Administration.
- Trumpler F, Oez S, et al (2003). Acupuncture for alcohol withdrawal: a randomized controlled trial. *Alcohol & Alcoholism*, 38(4): 369 – 375.
- Vickers, A. J., Rees, R. W., Zollman, C. E., McCarney, R., Smith, C. M., Ellis, N., Fisher, P., & Van Haselen, R. (2004). Acupuncture for chronic headache in primary care: Large, pragmatic, randomized trial. *BMJ*, 1-6.
- Wang, Z. (2001). Acupuncture combined with medicine for treatment of heroin dependence. *American Journal of Traditional Chinese Medicine*, 2(1), 13-14.
- Washburn, A. M., Fullilove, R. E., Fullilove, M. T., Keenan, P. A., McGee, B., Morris, K. A., Sorensen, J. L. & Clark, W. W. (1993). Acupuncture heroin detoxification: A single-blind clinical trial. *Journal of Substance Abuse Treatment*, 10, 345-351.
- Wells, E. A., Jackson, R., Diaz, O. R., Stanton, V., Saxon, A. J., & Krupski, A. (1994). Acupuncture as an adjunct to methadone treatment services. *The American Academy of Psychiatrists in Alcoholism & Addictions*, 4(3), 198-214.
- Wen HL, Cheng SYC (1973). Treatment of drug addiction by acupuncture and electrical stimulation. *Asian Journal of Medicine*, 9, 138-141.
- White AR, Rampes H (1997). Acupuncture in smoking cessation. In: Cochrane Database Systemic Reviews. Oxford.
- White AR, Resch KL, Ernst E (1999). A meta-analysis of acupuncture techniques for smoking cessation. *Tobacco Control*, 8, 393 – 397.
- Wonderling, D., Vickers, A. J., Grieve, R., & McCarney, R. (2004). Cost effectiveness analysis of a randomized trial of acupuncture for chronic headache in primary care. *BMJ*, 1-5.
- Yang CY, Kwon YK, et al (2004). Acupuncture attenuates repeated nicotine-induced

behavioral sensitization and c-Fos expression in nucleus acumbens and striatum of the rat. *Neuroscience Letters*, 358(2): 87-90.

Yarberry, M. (2010). The use of the NADA protocol for PTSD in Kenya. *German Journal of Acupuncture & Related Techniques*, 53, 6-11.

Yarberry, M. (2011). Acupuncture training at Malindi prison. *Journal of Chinese Medicine*, 97, 34-39.